



# **MOVE WARD**

*Women supporting each other after partner suicide*

***Move 4ward** is a support group for women who have lost a spouse or life partner to suicide. Survivors work together to move through their grief journey and reduce the feelings of shame, isolation, and stigma. The group provides a safe space for loss survivors to feel empowered, comforted, connected and heard within a community of their peers.*

**Please join us on the last Wednesday of every month,**

**from 6:00 PM - 7:00 PM via zoom**

**Visit [mass211.org/4ward](https://mass211.org/4ward) to register**



This group is a program of Call2Talk's Postvention Support Services - *Guiding Survivors to Hope* and is facilitated by two long term survivors of partner suicide.