



Local Outreach to Suicide Survivors

LOSsteam
MetroWest

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Call2Talk Postvention Support Services

*Interested in
volunteering?*

If you have lost a loved one to suicide and would like to help other loss survivors navigate their own loss, we'd like to hear from you! Sign up for our next *Information Session* to learn more.

LOSsteam MetroWest: providing immediate crisis support to those who have lost a loved one to suicide.

LOSS stands for Local Outreach to Suicide Survivors. Our LOSS Team is a volunteer group of loss survivors who are called to the scene of a suicide within the first 12/24 hours to provide immediate crisis support and local resources to the newly bereaved. Please contact Barb Brunzell at bbrunzell@me.com or visit lossteammetrowest.org to learn more. Volunteers in left photo, from the left: Heather, Nicole, Eileen, Claire, Barb, Rosemary, Michele, and Irena.



State Funding: Thank you, DPH!

LOSsteam MetroWest is so grateful to be one of 19 award recipients of Suicide Prevention Services Funding from the MA Department of Public Health Suicide Prevention Program. This funding, distributed over the next ten fiscal years, will allow us to expand our programming and continue to support the suicide loss survivor community in the aftermath of a loss.



Police Departments interested in our FREE services please email Barb at bbrunzell@me.com.

In-Person Group

We are proud to announce the latest program offered by Call2Talk's Postvention Support Services. This is the second and newest support group under our *Move4Ward* program.

The *Move4Ward* program has a NEW in-person support group for adults impacted by suicide loss.

This group provides a safe space for loss survivors to connect with a community of their peers, shares stories and insights, process grief and find solace with those who have also experienced this complex type of loss.

The group launched in June and meets in Framingham on the second Saturday of every month from 10:30-11:30am. *Move4Ward* also has a virtual group for women who have lost a spouse or life partner to suicide. For more information about either group, please email barbb@mass211.org.



Our Facilitators Pictured below are the new group's facilitators. Claire (left) is a long-term suicide loss survivor and Patti (right) is a clinical social worker.

Please join the conversation...

Claire shares that “group members can relate to each other's experiences in ways that most others cannot fully comprehend. Sharing feelings and experiences within a group that truly understands, without judgement, can help ease emotional distress and feelings of isolation.” Patti adds that “I believe in the power of community to witness, validate, and honor the emotions and pain associated with grieving such a profound loss. Community reminds people they are not alone and I consider it a privilege to contribute as a facilitator of the support group.”

